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ITA JOURNAL

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Research | Teaching | Innovation

VOLUME 1
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2026



Connecting Teachers, Ideas and Global Opportunities

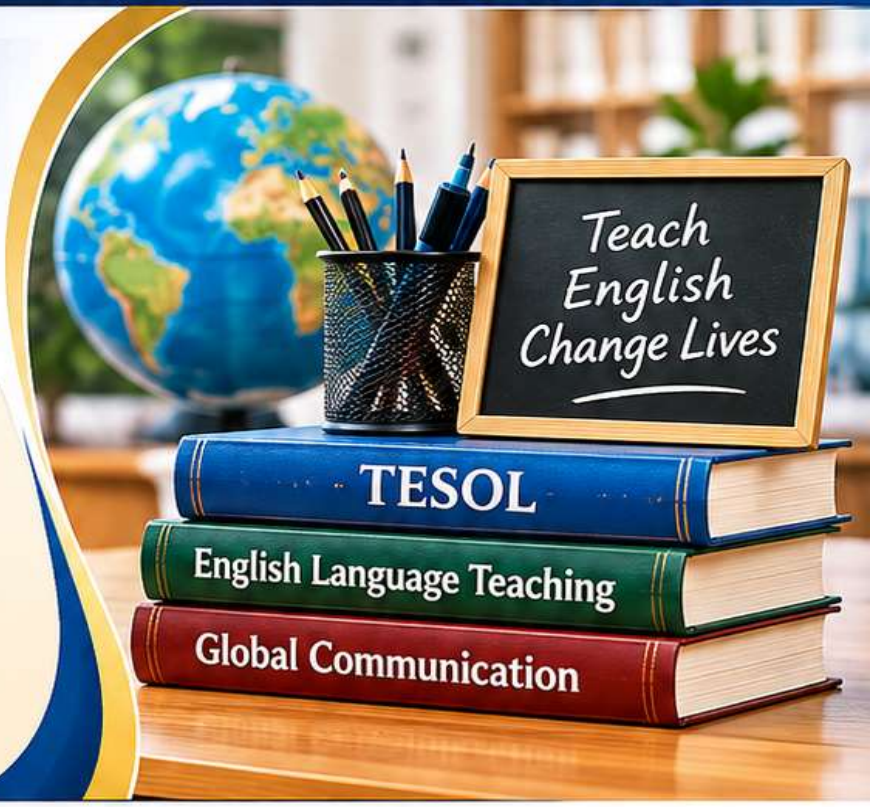
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What is TESOL?



TESOL stands for **Teaching English to Speakers of Other Languages.**

It is a global field of education and professional practice that focuses on teaching English to people whose first language is not English.

TESOL involves the methods, skills and knowledge needed to help learners of all ages and levels develop their English language proficiency.

Key Components of TESOL

- Teaching Methods and Approaches
- Language Skills (Listening, Speaking, Reading, Writing)
- Learner-Centred Instruction
- Assessment and Feedback
- Cultural Awareness

Why is TESOL Important?

- Supports global communication and understanding.
- Creates opportunities for education and employment.
- Builds intercultural dialogue and tolerance.
- Empowers learners to access knowledge and resources worldwide.

TESOL in Practice

TESOL professionals work in diverse settings, including:

- Language schools and universities
- Schools and communities
- Corporate and professional training
- Online and blended learning

TESOL: Empowering Learners, Connecting the World

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The World of Teacher Training and Development



What is Teacher Training and Development?

Teacher Training and Development (TTD) encompasses all the opportunities, resources and professional learning activities that help teachers improve their knowledge, skills and practice ***throughout their careers.***

Key Components of Teacher Development

- Professional Development (CPD) Opportunities
- Reflective Practice and Self-Evaluation
- Modern Methodologies (e.g. CLIL, Task-Based Learning)
- Classroom Observation and Peer Feedback
- Action Research and Innovation
- Continuous Learning (e.g. TESOL and AI)

Benefits of Teacher Training

- Improves teaching quality and effectiveness.
- Builds confidence and motivation.
- Supports career progression.
- Enhances learner outcomes.
- Encourages innovation in the classroom.

Practical Strategies for Professional Growth

- Join workshops, conferences and courses (online or face-to-face).
- Engage in peer collaboration and professional networks.
- Explore new technologies and teaching tools (e.g. AI).
- Reflect on your teaching and set development goals.
- Keep up with the latest research and trends.

Invest in Teacher Development...
Invest in Better Learning!

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Why Research is Crucial for English Language Teachers



Research is not just for academics; it is a powerful tool for every English language teacher. It helps us make informed decisions, improve our teaching practice and create more effective learning experiences for our students.

Improves Teaching Practice

- Provides evidence-based strategies and techniques.
- Helps us understand what really works in different contexts.
- Brings new perspectives to classroom challenges.

Research turns experience into expertise.

Meets Learner Needs

- Helps us understand learner styles, motivations and difficulties.
- Guides us in designing more inclusive and responsive lessons.
- Supports the development of learners' real-life language skills.

Better understanding. Better learning.

Keeps Teachers Growing

- Builds critical thinking and reflective practice.
- Helps us stay updated with global trends and innovations.
- Increases confidence and professional satisfaction.

Research fuels continuous professional development.

Be a Reflective Teacher... Let Research Lead the Way!

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Educational Psychology in ELT



Educational psychology explores how people learn, develop and interact with their environment. In ELT, it helps teachers understand learners' cognitive, emotional and social needs, leading to more effective, empathetic and learner-centered teaching.

Key Components

Cognitive Development
How learners process, remember and use information.

Affective Factors
Motivation, self-confidence and anxiety.

Social Learning
Interaction, collaboration and communication.

Individual Differences
Learning styles, personalities and needs.

Understand learners.
Teach more effectively.

Benefits for ELT

- Helps create learner-centered classrooms.
- Improves motivation and engagement.
- Supports different learning styles and needs.
- Reduces anxiety and builds self-confidence.
- Leads to better learning outcomes.

Better understanding.
Better teaching.

Practical Strategies for Teachers

- Use positive reinforcement to build motivation.
- Create a supportive and inclusive environment.
- Apply varied teaching methods and activities.
- Encourage reflection and self-assessment.
- Address emotions and reduce learner anxiety.

Psychology in practice.
Real impact in the classroom.

Understand the Learner Mind...
Unlock the True Potential in ELT!

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AI in Teaching



What is AI in Teaching?

AI (Artificial Intelligence) in teaching refers to the use of intelligent tools and technologies, such as adaptive learning platforms, AI tutors, and learning analytics, to **enhance and support** the teaching and learning process.

Key Applications of AI in Teaching

- AI-Powered Tutors and Chatbots
- Personalized Learning Paths
- Automated Assessment and Feedback
- Intelligent Content Recommendation
- Language Learning Apps with AI

Benefits of AI in Teaching

- Supports personalized learning.
- Provides instant feedback.
- Saves teachers' time.
- Enhances engagement and motivation.
- Offers data-driven insights into learner progress.

Practical Tips for Teachers

- Start with simple AI tools (e.g. chatbots, quiz generators).
- Use AI to differentiate instruction.
- Encourage students to use AI responsibly.
- Combine AI with human interaction.
- Keep up to date with new developments.

***AI in Teaching:* Empowering Teachers, Enriching Learning**

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What is CLIL?



CLIL (Content and Language Integrated Learning) is an innovative approach to teaching, where a foreign language is used as the medium to learn other subjects, such as Science, History, or Art, while at the same time developing language skills.

CLIL helps learners learn ***through*** English, not just ***about*** English.

Key Features of CLIL

- Integration of content and language
- Authentic real-life contexts
- Active and learner-centred approach
- Focus on communication and problem-solving
- Supports cognitive development

Benefits of CLIL

- Improves language proficiency.
- Enhances subject knowledge.
- Builds cognitive and critical thinking skills.
- Increases motivation and engagement.
- Prepares learners for global citizenship.

CLIL in Practice

Examples of CLIL subjects:

- **Science** (in English)
- **History** (in English)
- **Art** (in English)
- **Maths** (in English)
- Environmental Studies (in English)

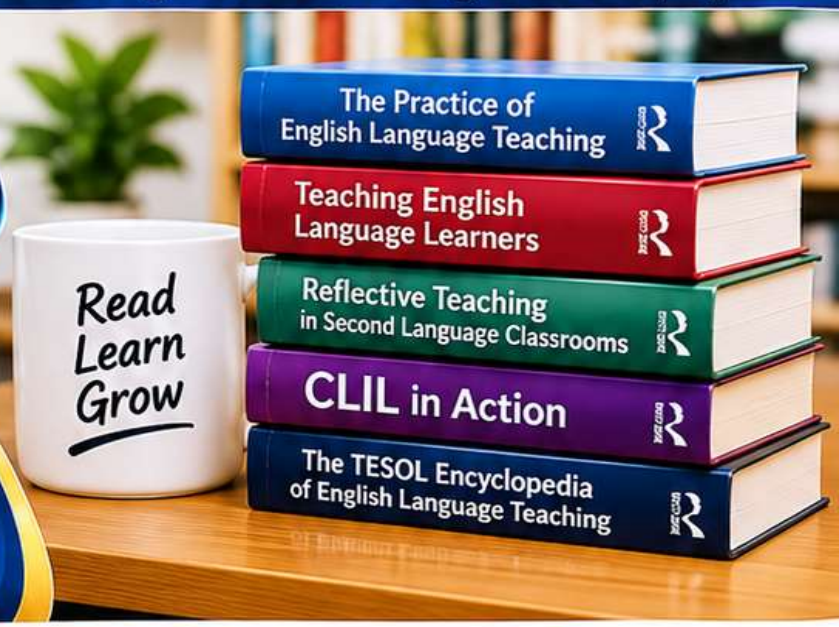
CLIL: Learning More, in a Foreign Language

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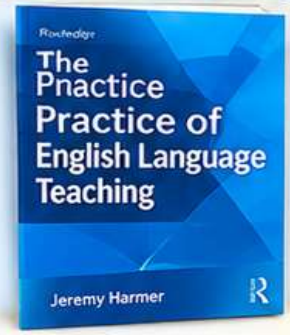
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Introducing Some Books that are Effective for Teachers to Read



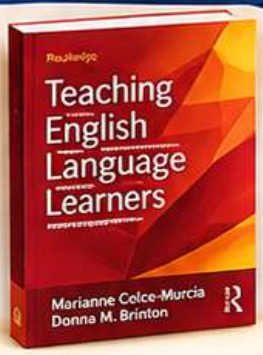
For English language teachers, reading professional books is one of the most effective ways to develop knowledge, explore new ideas and enhance classroom practice. Here are some highly recommended books:

The Practice of English Language Teaching



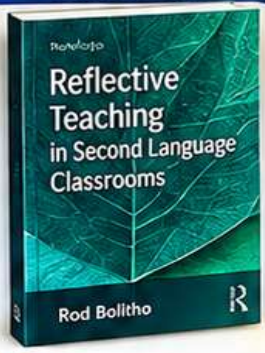
- A practical guide for effective teaching.
- Includes useful classroom activities.

Teaching English Language Learners



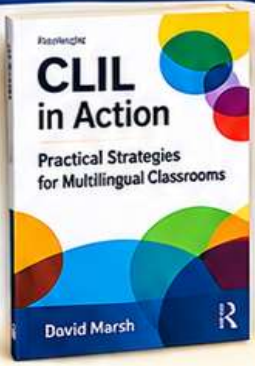
- Research-based strategies.
- Focus on learner needs.

Reflective Teaching in Second Language Classrooms



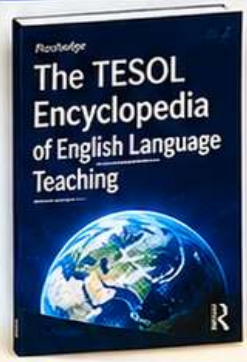
- Develop reflective practices.
- Improve teaching performance.

CLIL in Action



- Integrate content and language.
- Enhance learner engagement.

The TESOL Encyclopedia



- A comprehensive reference.
- Explore key concepts in ELT.

Why Read These Books?



- Gain deeper knowledge of ELT.
- Discover new teaching techniques.
- Stay updated with current trends.
- Become a more confident and effective teacher.

Tips for Teachers

- Start with a topic that interests you.
- Read regularly, even a chapter at a time.
- Take notes and try out new ideas in class.
- Share your insights with colleagues.



Read • Reflect • Improve

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TESOL • Lexical Approach • Teacher Development • ELT Innovation

Biography of Omid Kardan

International Teacher Trainer and ITA Co-Founder

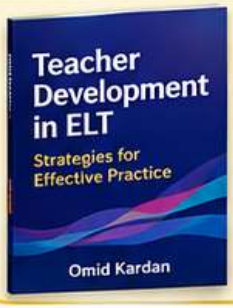


Omid Kardan is an experienced international teacher trainer, educational consultant and co-founder of the International TESOL Academy (ITA). With over 20 years of experience in ELT, teacher training and curriculum development, he has worked with educational institutions across Iran and internationally, helping teachers and learners achieve their full potential.

Key Ideas and Contributions

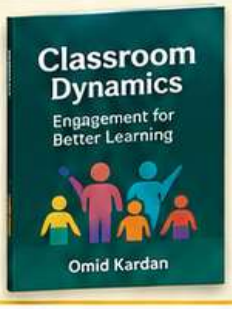
- Promoting teacher development through practical and reflective training.
- Integrating theory and practice in teacher education.
- Focusing on learner-centered approaches and effective classroom strategies.
- Contributing to the growth of ELT in Iran and beyond through collaboration and innovation.

Major Publications



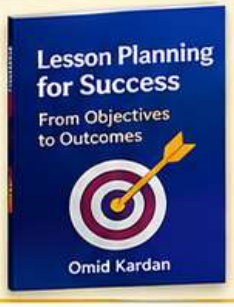
Teacher Development in ELT

Practical strategies for professional growth and success.



Classroom Dynamics

Building engaging and inclusive learning environments.



Lesson Planning for Success

A step-by-step guide to effective and purposeful lesson design.

His Lasting Impact

- Empowered countless teachers through training and mentorship.
- Helped shape modern ELT practices in Iran and the region.
- Co-founded ITA to build a stronger, more professional teaching community.
- Continues to inspire educators with his passion, expertise and commitment to quality in education.

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TESOL • Lexical Approach • Teacher Development • ELT Innovation

Biography of Andrew Walkley

English Language Teacher, Teacher Trainer and Author

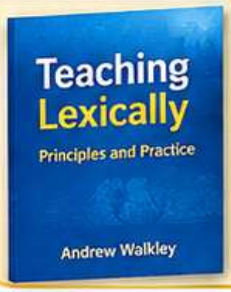


Andrew Walkley is a well-known English language teacher, teacher trainer and author, with over 25 years of experience in ELT. He has worked in various countries, including the UK, and is currently based in the field of English language teaching and teacher development worldwide.

Key Ideas and Contributions

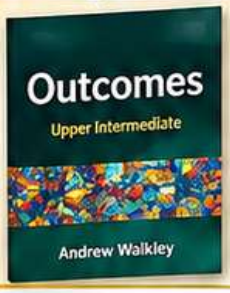
- The Lexical Approach: promoting language teaching through chunks of language rather than isolated words.
- A practical and learner-centered approach to language teaching.
- The importance of noticing, input and meaningful communication.

Major Publications



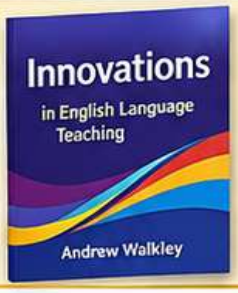
Teaching Lexically

A practical guide to the Lexical Approach.



Outcomes

A widely used course for pre-intermediate to upper intermediate learners.



Innovations

Fresh ideas for effective English language teaching.

His Lasting Impact

- Contributed significantly to the field of ELT through his innovative ideas.
- Helped teachers worldwide adopt the Lexical Approach.
- Authored influential books and materials for language learners and teachers.
- Continues to inspire the global ELT community.

Learn • Teach • Inspire

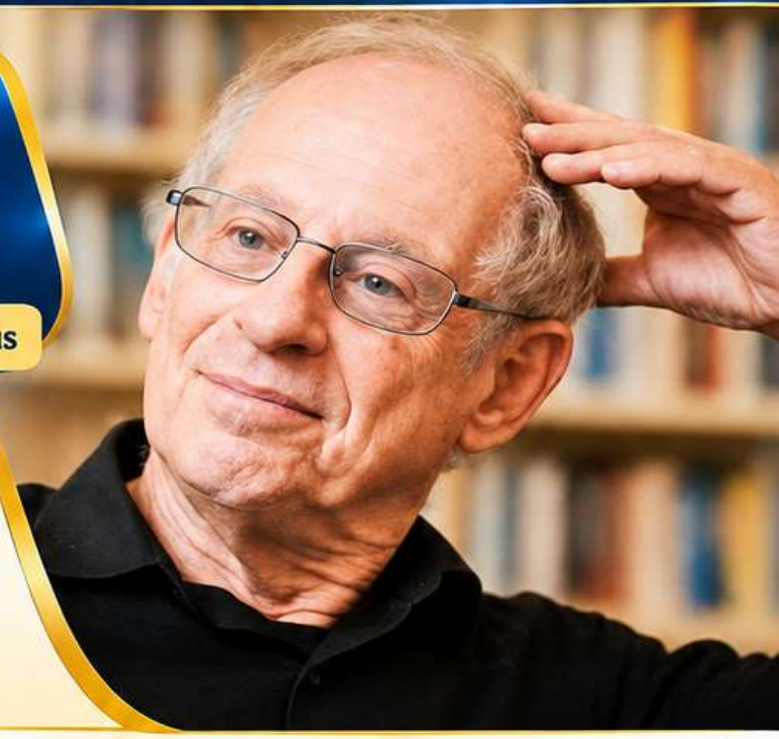
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TESOL • SECOND LANGUAGE ACQUISITION • BILINGUAL EDUCATION • LITERACY

BIOGRAPHY OF STEPHEN D. KRASHEN

Linguist • Educational Researcher • Professor Emeritus



Stephen D. Krashen is an American linguist and influential researcher in second-language acquisition, bilingual education, and literacy. He earned his PhD in Linguistics from the University of California, Los Angeles (UCLA) in 1972 and became Professor Emeritus of Education at the University of Southern California (USC).

THE FIVE HYPOTHESES OF SECOND-LANGUAGE ACQUISITION

1. Acquisition–Learning Hypothesis
2. Natural Order Hypothesis
3. Monitor Hypothesis
4. Input Hypothesis
5. Affective Filter Hypothesis

SELECTED INFLUENTIAL BOOKS



Second Language Acquisition and Second Language Learning



Principles and Practice in Second Language Acquisition



The Power of Reading

WHY KRASHEN MATTERS

- Emphasized comprehensible input in language acquisition.
- Highlighted the role of low-anxiety learning environments.
- Championed free voluntary reading and literacy development.

UNDERSTAND • ACQUIRE • GROW

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Biography of Seyed Reza Molaee

Founder of ITA
International Teacher Trainer



Seyed Reza Molaee is the founder of International TESOL Academy (ITA) and an internationally experienced teacher trainer. With over 25 years of experience in ELT, he has dedicated his career to advancing teacher education, professional development and the quality of English language teaching worldwide.

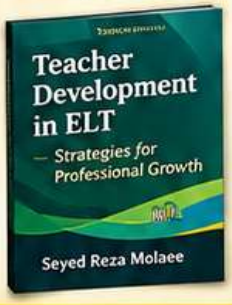
Key Ideas and Contributions

- Founder of ITA and a key figure in teacher education and ELT development.
- Designed and implemented innovative teacher training programs worldwide.
- Promoted learner-centered approaches and practical methodologies in ELT.
- Built strong international collaborations and created a global community of teachers.

Major Publications



Effective ELT
Principles and Practice.
A practical guide for modern language teachers.



Teacher Development in ELT
Strategies for Professional Growth.
Building better teachers for a brighter future.

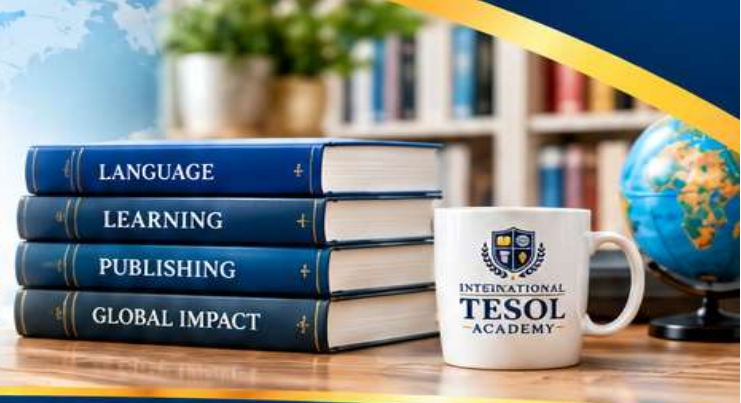


Global ELT
Trends, Challenges and Opportunities.
Insights for a connected teaching world.

His Lasting Impact

- Empowered thousands of teachers through training and mentorship.
- Strengthened the global ELT community.
- Continues to inspire educators with his vision, expertise and dedication.

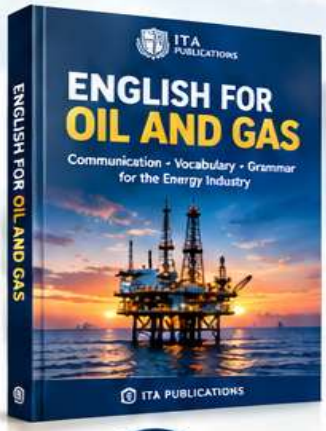
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TEACHING ENGLISH TO THE WORLD



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Specialized English Books for Professional Fields

LEARN • BUILD SKILLS • ADVANCE YOUR CAREER

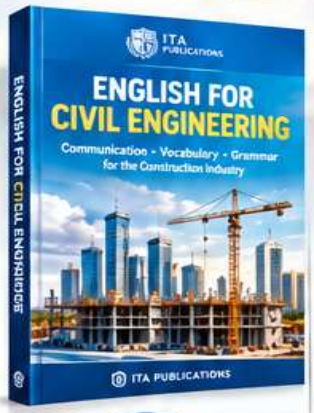
BOOKS FOR



ENGLISH FOR OIL AND GAS

Build your language skills for the energy industry.

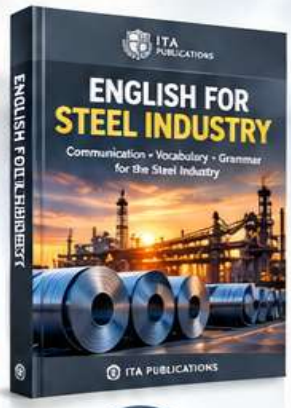




ENGLISH FOR CIVIL ENGINEERING

Develop your English for a stronger future in construction.

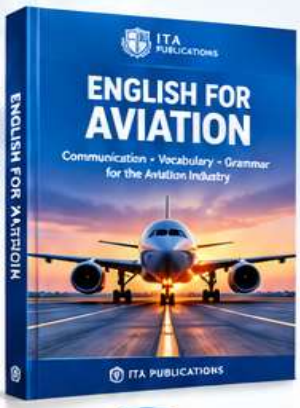




ENGLISH FOR STEEL INDUSTRY

Master the language of the steel industry and global trade.

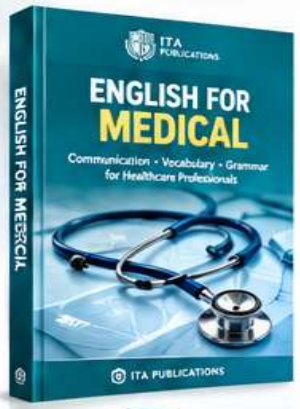




ENGLISH FOR AVIATION

Communicate with confidence in the aviation industry.





ENGLISH FOR MEDICAL

Enhance your English for a healthier world.



Industry-Focused Content
Practical language for real-world situations

Expertly Developed
Created by experienced educators and specialists

Skill-Building Approach
Improve communication, vocabulary and confidence

For Professionals & Learners
From beginner to advanced levels

Better Opportunities
Gain the language skills to reach your goals

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Knowledge Builds Better Teachers and a Brighter Future

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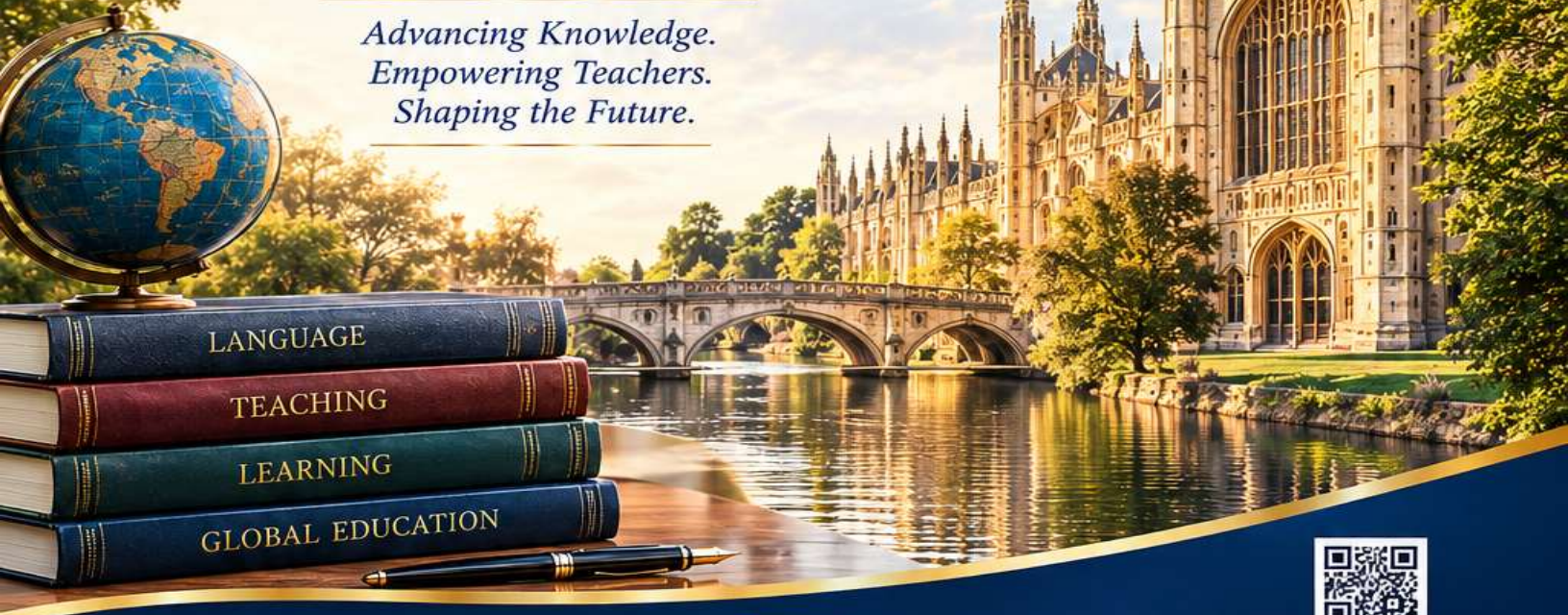
ABOUT ITA JOURNAL

ITA Journal is a peer-reviewed academic publication dedicated to advancing research, teaching and innovation in the field of English language teaching (ELT) and teacher education. It provides a platform for educators, researchers and practitioners around the world to share insights, explore new ideas and contribute to the global ELT community.

THE JOURNAL FOCUSES ON

- Research in ELT and Applied Linguistics
- Teacher Education and Professional Development
- Innovative Teaching Methodologies
- Global Perspectives in Language Learning
- Classroom Practice and Educational Innovation

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